

- Luxurious waiting rooms
- Tranquil atmosphere
- Courteous staff
- Appointments immediately available
- Most insurances accepted



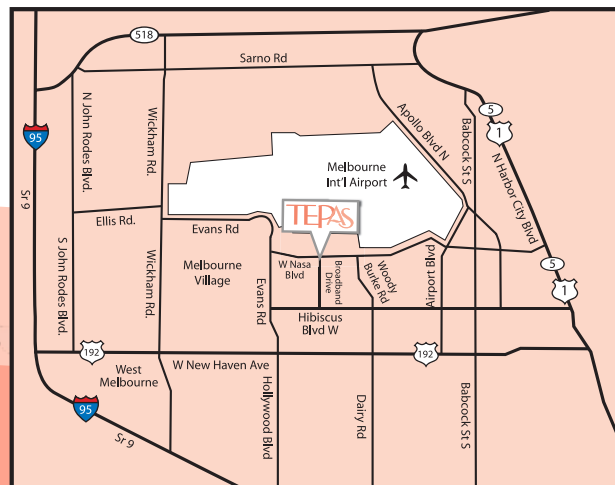
TEPAS Breast Center

an affiliate of the Institute for Health Care

TEPAS Breast Center (TBC) is proud to offer Central Florida a regional comprehensive women's diagnostic breast center. TBC provides leading edge technology for screening and diagnosing breast problems. We understand the anxiety of lengthy workups and take every effort to expedite your care. Our team communicates with you and your physician as soon as results become available from our highly experienced and Board Certified radiologist. All this is performed in a luxurious, soothing setting tailored for your expectations.

Services

- Digital Mammography
- Breast Ultrasound
- Breast Biopsy
- Board Certified Radiologists
- Breast Cancer Support Groups



Appointments immediately available
Most insurances accepted

TEPAS Breast Center
NASA Palms Professional Center
1140 Broadband Drive
Melbourne, Florida 32901

Tel: **321-473-1067**
Fax: 321-723-2652

Personal,
professional,
comprehensive
breast care.

One in eight American women will develop breast cancer during their lifetime. There are many factors which place women at high risk for developing breast cancer. These include a family history of breast cancer, prior breast biopsies with precancerous cells, early onset of menstruation, late menopause and delaying childbearing until later in life. Several factors which decrease risk for breast cancer include: breastfeeding, maintaining a normal weight, eating a healthy diet, taking multivitamins and antioxidants, routinely exercising and not smoking.

The American Cancer Society recommends that all women perform a monthly breast self examination starting at age 20. Women should promptly report any changes in their breasts to their physician. Between ages 20 and 39, women should be examined by their physician for breast lumps every 3 years. From age 40 onwards, all women should undergo screening mammography and breast examination by a physician every year.

Digital mammography is now state of the art for evaluating the breast. Digital mammography provides your physician a very sharp and detailed picture of your breast. This is especially beneficial in young women, women with dense breasts, women at high risk for breast cancer and women with a personal history of breast cancer. Breast ultrasound is often performed to assist in interpreting digital mammography.

Breast MRI has recently become available to evaluate breast conditions. Breast MRI is recommended in women at high risk for breast cancer, women with dense breasts, women with breast implants and in women with newly diagnosed breast cancer.

Women at high risk for breast cancer may need to start mammography at age 30 or even younger. Some women with strong family histories should seek genetic counseling and a blood test for the BRCA breast cancer gene. This will help guide them in decisions affecting not only them, but other family members, such as sisters and daughters.

Though breast cancer is very treatable, the best approach is early detection. Women are encouraged to perform monthly self breast examinations, undergo routine digital mammography, see their physician regularly and establish a relationship with TEPAS Breast Center, a regional comprehensive breast center.

Every Women Should...

- Perform a Monthly Breast Self Exam
- Undergo Routine Digital Mammography
- See your Physician Regularly
- Know your Breast Cancer Risk
- Visit a Comprehensive Breast Center

The American Cancer Society Recommends...

Women 20-39

- Have a physician perform a clinical breast exam every three years
- Perform monthly breast self-exams

Women 40 and over

- Get a mammogram every year
- Have a physician perform a clinical breast exam every year
- Perform monthly breast self-exams

Ask your physician about Breast MRI if...

- You have dense breasts or are under 40
- You are at high risk for breast cancer
- You have breast implants
- You have just been diagnosed with breast cancer

Remember to perform your monthly breast exam and report any changes, breast pain, masses or nipple discharge as soon as you notice them. Talk to your doctor, or visit our comprehensive breast center to get potentially lifesaving diagnostic screening and services.